



**Your Service is
Part of Your
Story and Your
Story Matters**

Support for Native Veterans.



NATIVE & STRONG
Connection is Prevention

Stay connected.

Sharing experiences with other Veterans online or in person can be a source of strength and healing.

Engage in tradition.

Ceremonies and community reduce isolation and build wellness.

The **Native & Strong Lifeline** is also a safe space where you can connect with someone who listens without judgment.

Get free, confidential support from trained Native counselors available 24/7.

Call 988 and press 4

Text N8V to 988

Chat online (scan QR code and select “All Native American/Indigenous people in Washington” in the pre-chat survey.)



For more resources, visit
NativeAndStrong.org