



**Support
Native Youth**
with the challenges
they face



NATIVE & STRONG
Connection is Prevention



Provide safe spaces for Two-Spirit people:

Advocate for diverse spaces in education and seek out health care providers trained in gender diversity.


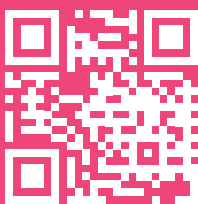
Learn about Two-Spirit traditions, beliefs and practices:

Get involved with these practices alongside your Two-Spirit relatives. Educate others about traditional roles Two-Spirit people hold in Native cultures.

Listen well and honor their identity:

Resilience starts with acceptance. Talk with them about who they are in a supportive environment.

Call 988 and press 4 talk with a Native counselor on the **Native and Strong Lifeline**, available 24/7.



Learn the signs of suicide and how to support your relatives at NativeAndStrong.org

